

TRAMPOLINE

LEVEL 1 - COMPULSORY	LEVEL 2 - COMPULSORY	LEVEL 3 - COMPULSORY	LEVEL 4 - COMPULSORY
1. Straddle Jump	1. Front Drop Free	1. Back Drop Free	1. Back Tuck
2. Tuck Jump	2. Return to Feet	2. Pullover Pike to Feet	2. Tuck Jump
3. Pike Jump	3. Pike Jump	3. Tuck Jump	3. Jump 1/1 Twist
4. Seat Drop	4. Jump 1/1 Twist	4. Jump 1/2 Twist	4. Pike Jump
5. Return to Feet	5. Straddle Jump	5. Pike Jump	5. 1/2 Twist to Seat Drop
6. Straddle Jump	6. Seat Drop	6. Straddle Jump	6. Front Drop
7. Tuck Jump	7. Return to Feet	7. Seat Drop	7. Return to Feet
8. Pike Jump	8. Tuck Jump	8. 1/2 Twist to Seat Drop	8. Jump 1/2 Twist
9. Seat Drop	9. Back Drop	9. Hands & Knees Drop	9. Straddle Jump
10. Return to Feet	10. 1/2 Twist to Feet	10. Front Tuck to Feet	10. Front Tuck
LEVEL 5 - COMPULSORY	LEVEL 6 - COMPULSORY	LEVEL 7 - COMPULSORY	No Triple Somersaults!
1. Back Pike	1. Back Straight	1. Back Straight	
2. Tuck Jump	2. Pike Jump	2. Barani Straight	
3. Back Tuck	3. Back Pike	3. Pike Jump	
4. Straddle Jump	4. Barani Tuck	4. Back Pike	
5. 1/2 Twist to Front Drop	5. Tuck Jump	5. Barani Pike	
6. Seat Drop	6. Back Tuck	6. Straddle Jump	
7. Return to Feet	7. Seat Drop	7. Back Tuck	
8. Jump 1/2 Twist	8. 1/2 Twist to Feet	8. Tuck Jump	
9. Pike Jump	9. Straddle Jump	9. 3/4 Front Straight	
10. Barani Pike	10. Barani Straight	10. Ball-out Tuck	
LEVEL 8 - VOLUNTARY	LEVEL 9 - VOLUNTARY	LEVEL 10 - VOLUNTARY	
1st Voluntary	1st Voluntary	1st Voluntary	
• Maximum of 3 "Jumps"	• Maximum of 2 "Jumps"	• Maximum of 1 "Jump"	
• 7 Skills with Min 270°	• 8 Skills with Min 270°	• 9 Skills with Min 270°	
• 3/4 Front Straight	• 3/4 Back Somersault	• Back Somersault 1/1 Twist	
• Barani Ball-out Tuck	• Cody	• Somersault to front or back	
• MAX element DD: 0.9	• MAX element DD: 1.3	• Somersault from front or back	
		• MAX element DD: 1.6	
<i>Repeated skill within 1st routine: -2.0 off Total Score</i>	<i>Repeated skill within 1st routine: -2.0 off Total Score</i>	<i>Repeated skill within 1st routine: -2.0 off Total Score</i>	
2nd Voluntary	2nd Voluntary	2nd Voluntary	
• MIN routine DD: 4.0	• MIN routine DD: 5.5	• MIN routine DD: 6.5	
• MAX routine DD: 6.0	• MAX routine DD: 7.1	• MAX routine DD: 11.0	
• MAX element DD: 0.9	• MAX element DD: 1.3	• MAX element DD: 1.6	
LEVEL 9 - FINALS		LEVEL 10 - FINALS	
1 Free Voluntary Routine		1 Free Voluntary Routine	
• MAX routine DD: 7.1		• MAX routine DD: 11.0	
• MAX element DD: 1.3		• MAX element DD: 1.6	